

Lesson Plan: Speed Meeting – Building Relationships

Objective: Role play a situation that will encourage teens to meet new students and build new friendships.

Time Needed: 1 class period

Supplies: Pencil and Worksheet with Pre-written Questions

Method:

1. Line students up across from each other. One side will stay stationary while the other side will slide down one chair at the end of each mini speed question/answer session.
2. Hand each student a worksheet with pre-written questions. Teacher will determine how many questions should be asked to each student to get the most questions asked during the hour. For example: 20 students in class, each student asks every student two questions. (This will use 38 of the 40 questions available.) Each question can only be asked once!
3. Students have 1 minute per set of questions to ask to the other person. In the outside margin, students will note who they asked each particular question. Both sides of the table will ask in that allotted time. For example: If students are to ask 2 questions to each other, all 4 questions will need to be answered in 2 minutes.
4. When the 2 minutes (more or less) are up, students on one side of the table slide down one chair, the person at the end comes around to the other end.
5. Re-start the timer. Students choose new questions for the new person sitting across from them.
6. Continue mini sessions/sliding until the sides are matched back up with the person they “met” first.
7. Move students from the moving side of the table to another table, have them split in half and start the question/answer sessions, with one side sliding down a chair.
8. Have the other the students from the non-moving side split in half, face the each other and do the same as above.
9. Have students ask questions to those on either side of them until students have “met” all students in the class.
10. Once everyone has had an opportunity to ask 2 (more or less) questions to everyone in class, ask students to give:
 - a. The most surprising answer they received
 - b. The funniest answer they received
 - c. Compare/Contrast: An answer to a question that they were asked and how they answered it in comparison to the person they asked
 - d. An answer to a question that made them happy
 - e. An answer to a question that made them sad (if any)
 - f. An answer that makes them want to hang out with that person!

FACS Basics: Building Skills to Last a Lifetime

Unit 1: Personality, Dating, and Close Relationships

Supplemental Assignment #3

Speed Meeting – Building Relationships

Name

1. What is your favorite flavor of jellybean?
2. What's your favorite snack?
3. Do you prefer your daily routine to be organized and predictable or do you like to live more spontaneous?
4. Tell me 3 things that I'd see when I walk in the door of your room?
5. Give me three words that describe you.
6. What was the best birthday you ever had?
7. If you were a ghost, where or who would you haunt?
8. If you had one day left to live, what would you do?
9. Where would you most like to go on vacation?
10. What would you do if you won \$10,000?
11. What is your most embarrassing moment?
12. Who is your favorite movie star (of the opposite sex)?
13. Who was the first person you kissed?
14. What is something you've done that your parents don't know about?
15. What is your favorite color?
16. What is your favorite season?
17. What is your favorite restaurant?
18. What is the craziest dream you've ever had?
19. What do you think is the dumbest thing you've ever done?

Name

20. Is there a silly accomplishment you've made that you're secretly really proud of?
21. If you could trade lives with someone, who would it be?
22. What's your favorite time of day and why?
23. Who is your favorite superhero?
24. What's your favorite outdoor activity?
25. What's your favorite book?
26. What's one thing that almost no one knows about you?
27. Would you rather go for a hot air balloon ride or bungee jump?
28. Would you rather give up music or television for a month?
29. What are three things on your bucket list?
30. What's your favorite kind of food?
31. How do you handle it when your family doesn't approve of a decision you've made?
32. What song can always make you dance, especially when no one's around?
33. Do you sing in the shower?
34. What's the strangest thing you've ever eaten?
35. What kind of music do you like and what's your favorite song?
36. What do you want to be when you grow up?
37. If you could choose any career right now, what would it be?
38. Are you working on any short-term or long-term goals?
39. What phone apps are you obsessed with?
40. Do you have any brothers and/or sisters, if so, what are their names and ages?